ASCEND & GO

SIT TO STAND PATIENT LIFT

Instruction Manual



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MOBILE PATIENTLIFT

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1.0 Introduction

Thank you for purchasing the Ascend & Go Patient Lift! We aim to provide the safest and most adaptable mobility equipment on the market. Please read this manual in its entirety before operating or maintaining this product.



Improper usage of this device can cause injury. The Ascend & Go Patient Lift must only be operated as described in this manual. Do not modify this device as modifications can result in unpredictable performance and result in injury.

NOTE: This manual should remain with the Ascend & Go Patient Lift at all times.

For customer service or technical assistance,
please contact us via email Info@ClimbingSteps.com

1.1 Indications for Use

The Ascend & Go Sit-to-Stand Patient Lift is designed for individuals who need assistance in transferring from one location to another, such as from a bed to a chair or wheelchair. It is ideal for users with limited mobility but who possess some degree of upper body strength. This device helps reduce the risk of falls and injury during transfers, providing a safer and more secure experience for both the user and the caregiver.



DO NOT use this lift to transport occupants
who may have cervical, spinal, or fracture injuries.

1.2 General Description / Intended Use

The Ascend & Go provides a safe and easy solution for caregivers to transfer patients. This transfer aid is highly maneuverable and light, making it suitable for use in various environments, including homes and healthcare facilities. It facilitates safe transfers, enhances user independence, and improves muscle tone by encouraging user participation in transfers.

1.3 Disclaimer

This user manual contains general instructions and guidelines for the use, operation, and care of this product. These instructions are not all-inclusive. The safe and proper use of this product is solely at the discretion of the user. Safety information is included as a service to the user. All other safety measures taken by the user should be within and under consideration of applicable regulations.

1.4 Unpacking the Device

Unpack your brand new Ascend & Go, remove all the shipping and packing materials, and check all the items for proper operation. If anything is missing or noted not to be correct, or any type of damage is present due to shipping, please contact Mobile PatientLift.

Items Included:

· 1 x Ascend & Go
· 1 x Instruction Manual



2.0 Symbols and Definitions Used in this Manual



Consult instructions for use.



Serial Number of the device.



Date of Manufacture.



Product should not be disposed of with your other household waste.



Check sign explains the items that you should comply with upon operation, repair and maintenance of this device.



Do not lubricate the belts or tracks of this device.



Mechanical moving parts.

2.1 Warning / Caution

These words carry special meanings and should be carefully reviewed.



This symbol alerts the reader about a situation which, if not avoided, could result in death or serious injury. It may also describe potential serious adverse reactions and safety hazards.



This symbol alerts the reader of a potentially hazardous situation which, if not avoided, may result in minor or moderate injury to the user or patient or damage the product or other property. This includes special care necessary for the safe and effective use of the device and the care necessary to avoid damage to a device that may occur as a result of use or misuse.

NOTE: This provides special information to make maintenance easier or important instructions clearer.

2.2 Safety Precautions



- Always wear appropriate footwear when operating the Ascend & Go.
- The user should not be left unattended whilst occupying the Ascend & Go.
- The user should not lean out of the Ascend & Go's footprint.
- Do not exceed the weight capacity of 400 lbs (181 kg).
- The castor brakes should always be applied when the Ascend & Go is stationary.
- The Ascend & Go may not be suitable for all users. A risk assessment should be carried out prior to use.
- The user must be able to bear their own weight with the help of the support bar. Do not attempt to use the lift if the user cannot momentarily lift themselves.
- A caregiver should always counterbalance the device whilst is it being used by a user. If used with a wheelchair, then the wheelchair brakes should be applied and the leg rests should be removed prior to operation.
- Do not tilt or lever the device during use. All 4 castor wheels should be in contact with the ground at all times.
- The unit is designed for indoor use and should only be used on and level surface.

3.0 The Ascend & Go Features

- **Pivoting Seat:** The Ascend & Go features a pivoting seat that makes it easy and secure for users to settle into the lift. This allows patients to remain in their preferred standing position during transfer, enhancing comfort and stability.
- **Soft Knee Supports:** Soft knee supports provide extra stability during transfers. The leveraged power feature utilizes the patient's own energy to operate smoothly, reducing strain on caregivers and promoting a safer transfer experience.
- **Dual Locking Wheels:** Designed for enhanced safety, the dual locking wheels stabilize the lift during transfers, ensuring it remains securely in place. This feature prevents unintended movement and provides peace of mind to caregivers.
- **Easy Pedal Operation:** The Ascend & Go's pedal-operated chassis simplifies maneuverability, allowing caregivers to move patients with ease. This feature enhances user independence and reduces physical strain on caregivers.
- **Cross Bar Handle:** The cross bar handle allows patients to support themselves by pulling rather than pushing when entering the lift. This ergonomic design promotes user confidence and stability during the sit-to-stand process.
- **Adjustable Base:** With an adjustable base width ranging from 16 to 28 inches, the Ascend & Go accommodates various furniture and device configurations. This flexibility ensures compatibility with different room layouts and patient needs
- **Compact Design:** The Ascend & Go has a smaller overall size compared to traditional sling lifts, making it ideal for caregivers who need to save space. Its maneuverable design allows it to navigate through tight spaces such as bathrooms and bedrooms with ease.

These features collectively make the Ascend & Go Sit-to-Stand Patient Lift a versatile and user-friendly solution for safe and efficient transfers in both home and healthcare settings.

4.0 Technical Specifications

A Lift Height: 43”

B Lift Width: 22.25”

C Lift Depth: 30”

D Base Legs Length: 21”

E Adjustable Base Width: 14” - 24”

F Front Wheel Height: 4”

G Back Wheel Height: 3”

H Footrest Length: 16”

I Footrest Width: 12”

J Support Bar Width: 17”

K Knee Pad Length: 10”

L Knee Pad Width: 15”

M Seat Height: 29”

N Seat Length: 12”



Max Weight Capacity: 400 lbs | Weight: 50 lbs | SKU: MP-P02

5.0 Diagram of Lift



1. Adjustable Base Width
2. Pivoting Seat
3. User Support Bar
4. Soft Knee Supports

5.1 Getting Started

Carefully remove all the components from the box. You should find the left and right seat bars (with swivel seats attached), the support bar, the knee pad, a small installation kit, and the foot rest base with legs already assembled.









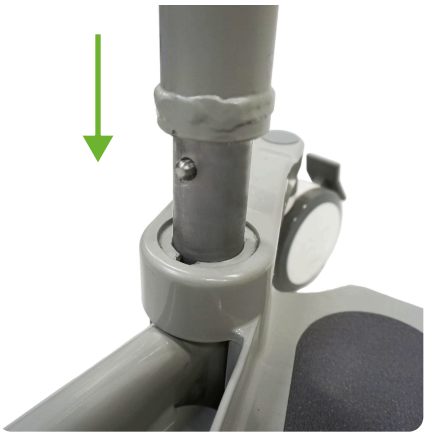


6.0 Assembling the Ascend & Go Patient Lift

STEP 1

Start by locking the wheels on the foot rest to prevent it from rolling during assembly.

Then connect the left and right seat bars (with swivel seats already attached) to the footrest base using the locking buttons.





Tip: Connecting the seat bar might require some force and dexterity. If you find it difficult, try turning the seat bar back and forth slightly while pushing down to connect it. You may also need to adjust the leg position on the base to create a better angle for attachment.

STEP 2

Lay the entire lift on its side and tighten the Allen head screws under each seat bar to permanently secure them to the footrest base. Once secure, return the lift upright.





6.0 Assembling the Ascend & Go Patient Lift

STEP 3

Line up the holes on the support bar with the corresponding holes on the inside of each seat bar.

Use the carriage bolts and nuts (long bolts with hexagonal nuts) to fix the support bar in place for added stability.





STEP 4

Align the holes on the kneepad with the openings on the seat bar's inner plate and secure it with the Allen head screws provided.

Loosen the dome head nuts and Allen screws on the kneepad to adjust the angle and height for optimal user comfort, then retighten them securely.



Adjust Height



Adjust Angle

Congratulations! Your Ascend & Go is ready to use.

We recommend performing a test transfer to ensure all parts are properly installed and functioning as expected. If you encounter any difficulties or have questions, please don't hesitate to contact us.

7.0 Using the Ascend & Go Patient Lift

The Ascend & Go is designed to make transfers a breeze for both caregivers and users. Here's a step-by-step guide to ensure a smooth and safe experience:

Safety First!

Before you begin, always ensure the user's weight doesn't exceed the 400lbs limit. Remember to wear shoes for proper footing, and never leave the user unattended while they're in the Ascend & Go. For the user's safety, it's important they stay within the Ascend & Go's base during transfers. Additionally, whenever the Ascend & Go isn't being moved, make sure the brakes are locked. Finally, consult a healthcare professional to confirm if the Ascend & Go is suitable for the user's specific needs.

Getting Ready for the Transfer:

1. Bring the Ascend & Go close to the user who needs to be transferred.
2. Create a comfortable seat for the user by flipping the seat flaps up.
3. Increase stability by widening the legs of the Ascend & Go. Simply press down on the foot pedal to achieve this.
4. Apply the brakes for added safety by stepping on the locking tabs on the rear wheels.







7.0 Using the Ascend & Go Patient Lift

Standing Up with the Ascend & Go:

The user should place their feet on the footplate and hold onto the handrail for support as they prepare to stand. With the handrail's assistance, the user can now begin standing up. As they rise, they can gently press their shins against the knee pad for extra support.

Once standing, lower the seat flaps back down. This creates a comfortable perch for the user to sit on while being transferred.







Moving to a New Location:

To move the Ascend & Go freely, unlock the brakes by pushing up on the locking tabs on the wheels. The caregiver can then use the easy-grip push handles to maneuver the Ascend & Go to the desired location.

At the destination, park, lock the brakes, and assist the user to stand with the handrail. Once standing, raise the seat flaps. The user can then lower themselves back down while holding the handrail for balance. With caregiver support on the handles, the user can take their feet off and the caregiver can move the Ascend & Go away.



8.0 Care and Cleaning Instructions

To clean the lift, apply a neutral synthetic detergent, wipe with a damp cloth, and then wipe with a dry cloth.

If a hot air dyer is used to dry the equipment, the temperature must not exceed 80◦C (176◦F).

Do not scratch or scrape the surface of the product with hard objects to prevent material damage.

It is recommended that the device is inspected annually. This lift is designed for minimal maintenance.

In a medical setting, we recommend you disinfect the lift between riders with basic disinfectant for patient and operator safety.

Please note that the polyurethane blue seat pads should not be cleaned with a chlorine solution.

Regularly check whether there are loose, damaged or broken parts, and if necessary, replace the damaged parts.

Do not use products that have bleach or phenolic cleaners.

Do not use petroleum based solvents or similar, since this may damage plastic parts.

9.0 FAQs

Q **Is the lift suitable for individuals with different body sizes and weights?**

A Absolutely! The Ascend and Go Sit to Stand Patient Lift is designed to accommodate individuals of various body sizes and weights. It features an adjustable kneepad that comfortably supports users of different sizes and heights. With a weight capacity of up to 400lbs, the lift ensures safety and usability for a wide range of individuals

Q **Can the lift be used in both home and healthcare settings?**

A Yes! The Ascend and Go is a versatile sit to stand device suitable for use in different settings, including both home and healthcare environments. It offers flexibility and convenience for home care assistance, home help for the elderly, and senior care help at home.

Q **Does the lift require any specific clearance or space requirements?**

A The Ascend and Go is designed to be space-efficient, making it suitable for various environments. It has a remarkably low profile compared to other patient lifts, with a width of only 22". The lift requires a minimal clearance of 5" when used under furniture, ensuring it can navigate through narrow spaces and fit comfortably in rooms.

10.0 Troubleshooting

If you have any questions about the Ascend & Go Sit to Stand Patient Lift, please call us for customer service assistance. The device label will also show the serial number and the date manufactured.

Problem	Cause	Solution
Seat Bars do not lock properly during assembly.	Misalignment of the locking buttons.	Check the alignment of the locking buttons and ensure they are properly positioned in the corresponding slots. Refer to step 1 and 2 of the assembling section on this manual.
Device is Unstable During Use	Uneven floor surface or improperly locked wheels.	Ensure the device is used on a flat, even surface. Verify that all wheels are locked securely before use to prevent movement. If instability persists, inspect the device for any loose components and tighten them as needed.
Wheels Don't Roll Freely	Obstruction or dirt in the wheel/s.	Inspect the wheels for any debris or dirt and clean them thoroughly. Ensure the wheels are not damaged and are properly attached to the base.

For any additional questions, please contact us.

11.0 Limited Warranty

Thank you for your interest in the products and services of Climbing Steps, Inc. Your safety, comfort, and satisfaction are at the heart of everything we do. For the Ascend & Go Sit to Stand Patient Lift, Climbing Steps, Inc. extends the following warranty coverage, reflecting our commitment to quality and your satisfaction:

What does this Limited Warranty cover?	· Welds: A Lifetime Warranty underscores our commitment to structural excellence. · Pad & Wheels: While these parts are prone to wear and tear, they're engineered for resilience and long-term use.
What will we do to correct problems?	In the event of a defect, Climbing Steps, Inc. will repair or replace the affected product or part with either new or refurbished items, at no cost to you. Our aim is to ensure your complete satisfaction and to keep your equipment running flawlessly.
How long does the coverage last?	The Warranty Period offers a 180-day warranty on all products or parts from the date of purchase. Should a product or part be repaired or replaced, the new item will carry the remainder of the original product's warranty or 180 days from the date of repair or replacement, whichever is longer.
What does this Limited Warranty not cover?	This Warranty does not cover issues resulting from abnormal conditions, misuse, accidents, alterations, unauthorized repairs, or other damage not caused by defects in material or workmanship. The seat pads are recognized as subject to wear and tear, these components are crafted for endurance but not covered by the limited warranty.
What do you have to do?	If you require warranty service, please reach out to us for an evaluation of the issue and guidance on the best resolution. Our dedicated team is here to ensure your experience with our products is outstanding.

For any questions or to initiate a warranty claim, please contact us:

Email: (212) 366-5483 **Phone:** Info@ClimbingSteps.com

12.0 Device Label

ASCEND & GO
SIT TO STAND PATIENT LIFT

The Ascend & Go Sit-to-Stand Patient Lift is designed for individuals who need assistance in transferring from one location to another, such as from a bed to a chair or wheelchair. It is ideal for users with limited mobility but who possess some degree of upper body strength. This device helps reduce the risk of falls and injury during transfers, providing a safer and more secure experience for both the user and the caregiver.

SN _____

Manufactured by: **Mobile Patient Lift** 6601 Lyons Rd, Suite C10, Coconut Creek, FL 33073

Please See Manual for Device Symbol Definitions

*Device label may look different on the device.

Distributed by:

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Have more questions? Contact us!

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Scan with your smartphone camera to view more information about the Ascend & Go Sit to Stand Patient Lift!

or visit:
www.MobilePatientLift.com

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