SLING INSTRUCTION SHEET
DISPOSABLE UNIVERSAL SLING

GENERAL GUIDELINES

Under no circumstances should any Handicare Lift System be put in the control of persons who have not received proper training in its operation. If operated improperly, this lift system can cause serious injury.

Although the lift system is designed to be operated by and attendant, it may be operated by an unattended individual, providing this person has been properly trained in the system's use. The safety of both the attendant and the individual depends upon strict adherence to the following guidelines:

1. All instructions pertaining to the operation of the lift system should be read prior to the system being put into use.
2. Do not, under any circumstances, exceed the system's safe working load.
3. Prior to using the sling, make a visual inspection for signs of wear. Look for fraying, cuts, or tears in the materials of both the sling's body and straps.
4. The sling must be positioned properly under and around the individual, to ensure a balanced lift.
5. The lift system is not a toy; do not use it for unsafe practices.

In facilities where more than one staff member is responsible for operating the lift system, it is imperative that all such members be trained in it's proper use. A training and orientation program should be established by the facility to acquaint new caregivers with the system.

SINGLE PATIENT USE ONLY

FROM A SEATED POSITION

1. Grasp sling by its bottom opening, with smooth side against individual's body.

2. Slide sling down individual's back, such that curve of sling's bottom tucks under edge of buttocks.

3. Grasp sling's inside leg loops and pull them forward gently until sling's bottom is beneath the thighs.

4. Secure legs by placing leg straps through inside leg loops in the desired configuration.

5. Attach appropriate leg and back straps to carry car for desired inclination. See instructions for various inclination positions.

6. Raise carry bar by pressing the "UP" arrow on the hand control. Check to ensure that all straps are securely attached to the carry bar.

PART #	DESCRIPTION
547050-10	Small
547060-10	Medium
547070-10	Large
547080-10	XLarge

Handicare

81 Romina Drive, Concord ON L4K 4Z9 Canada | 1.877.304.5438 | **www.handicare.ca**
10888 Metro Court, St. Louis, MO 63043 USA | Toll Free: 1.866.891.6502 | **www.handicareusa.com**

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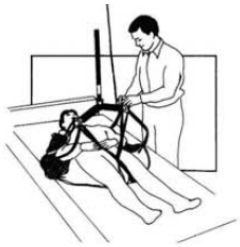
FROM A LAYING POSITION

1. Roll individual towards you. Lay sling lengthwise behind individual; gather half of sling's material against back and thighs.

2. Roll individual back onto sling and pull sling flat. Pull inside leg loops up and between the thighs.

3. Fit sling's leg straps through inside leg loops in desired leg-band configuration. Gently lift the leg straps by hand, to test that the leg-band configurations are secure and do not pinch the thighs or groin area.



4. Attach sling's leg and back straps to carry bar for desired sling inclination. See instructions for various inclination positions.

5. Raise carry bar by pressing the 'Up Arrow' on the hand control. Check to ensure that all straps are securely attached to the carry bar.

6. When lifting, ensure that leg straps lit flat under thighs. Move the individual to the desired area.

SLING LEG BAND CONFIGURATIONS

1. **Divided Leg "Crossover"** - Provides optimum comfort and security. Leg loops are crossed between individual's thighs before passing leg straps through them.

2. **Closed Leg -** Individual's legs are together before passing leg straps under them. Leg loops are crossed under individual's thighs.

SLING INCLINATION POSITIONS

1. **Vertical** - Optimum vertical sitting position is achieved by attaching leg straps to carry bar using longest strap loops and back straps to bar using shortest strap loops.

2. **Inclined -** The greatest angle of inclination is achieved by attaching leg straps to carry bar using shortest strap loops and back straps to bar using longest strap loops.

WARNING - Do Not Wash

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