Retain this manual for future use.

CAREX®

ITEM# FGA337C0 0000

Knee Walker



⚠ **Please read all instructions before assembly or use.**

Questions, problems or missing parts?

Before returning, contact Compass Health Brands customer service:

800-526-8051 | CAREX.COM

⚠ WARNINGS

INDICATIONS FOR USE:

A knee walker is intended to be used as a weight-bearing relief device for someone who has a lower leg injury (calf, foot, or ankle), or other temporary related physical limitations. This device is to provide temporary mobility aid for injured individuals and should **ONLY** be used for short-term use.

This device is **NOT** intended to be used for upper leg or knee injuries (knee level or above). This device is **NOT** intended to be used as a transport device or wheelchair. This device should **ONLY** be propelled by the User. Before operating the knee walker at normal walking speed, practice maneuvering and making turns at slow rates of speed to get familiar with the knee walker and how to best maintain balance.

This device is intended for both indoor and outdoor use.

This device is intended for a single user **ONLY**.

CONTRAINDICATIONS:

Knee walkers can only be used for below-the-knee injuries. Patients with sensitive knees may not feel a knee walker is comfortable to use.

This equipment is **NOT** intended for use by persons with reduced physical, sensory or mental capabilities.

DO NOT use a knee walker if you have issues with balance, coordination, or vision, or if your non-injured leg is not strong and healthy.

The knee walker is **NOT** intended for use by persons with severe equilibrium disorders or functional perceptual disorders.

The knee walker is **NOT** intended for use by people with Alzheimer's disease or dementia, or those who are under the influence of drugs, sedated, confused or frail; these individuals are at increased risk of losing their balance and falls.

This device **MUST ONLY** be used if both arms and non-injured leg are **ALWAYS** fully functional.

SAVE THESE INSTRUCTIONS. This sheet MUST accompany the device with each use.

⚠CAUTIONS:

Read all instructions and warnings prior to assembly and use. Failure to use this device as intended may increase the risk of injury to the user or damage to the device.

- This device is intended for a single user **ONLY.** In the event this device is passed to a new user, Compass Health Brands assumes **NO** responsibility for any damage or injury resulting from use of the device.
- If you **DO NOT** understand these instructions, contact a healthcare professional before attempting to use.
- Inspect all parts for shipping damages before use. If there is shipping damage – **DO NOT USE.** Contact the manufacturer or dealer for further instructions.
- As with any new physical activity, instruction, practice and common sense are necessary for successful use of this knee walker. Your health professional can provide instruction and a demonstration. Practice operating this knee walker to increase your skill and confidence. Before operating the knee walker at normal walking speed, practice maneuvering and making turns at slow rates of speed to get familiar with the knee walker and how to best maintain balance. Gradually increase the time you spend using the knee walker to allow your muscles to adjust to this new activity.
- If there are any problems with your knee walker, **DO NOT** attempt to repair it yourself. Contact the manufacturer or dealer for any needed parts or repair instructions.
- Be sure to check the quick-release clamp is secure and tight before each use or injury may result.
- Compass Health Brands assumes no responsibility for any damage or injury caused by improper installation, assembly or use of this product.

⚠WARNINGS:

DO NOT ATTEMPT TO USE THE KNEE WALKER WITHOUT READING ALL INSTRUCTIONS AND WARNINGS CAREFULLY. FAILURE TO COMPLY MAY RESULT IN SERIOUS INJURY.

- **WARNING:** This knee walker has a weight limit of 250 lbs (113.4 kg). **EVENLY DISTRIBUTED. ALWAYS** observe the weight limit on the labeling of your device. To avoid injury, this device **MUST NOT** be used over the rated weight limit.
- **DO NOT** exceed 5 lbs (2.27 kg) of weight inside pouch/basket. Items may **ONLY** be carried in the provided pouch/basket and **SHOULD NOT** protrude from the basket/pouch, otherwise, injury or damage may occur **(DESIGN DEPENDENT).**
- **DO NOT** put any children and/or pets inside the pouch/basket as this could damage to the device, tipping of the device and/or serious injury to the pet and/or user. Shifting of the user's weight on the pad could increase the risk of tipping which could cause serious injury or damage to the device.
- **DO NOT** hang anything from the knee walker handles or frame. This could cause the knee walker to tip, resulting in serious injury.
- **DO NOT** use the knee walker to pull yourself up from a lower or raised seated position as this could cause tipping and/or damage to the device or serious injury. The device handles are **NOT** intended to be used for bearing weight. If the knee walker is used to pull the user up to a standing position, the knee walker may move even if the brakes are in the locked position which could result in a fall or cause the device to tip resulting in serious injury.
- **DO NOT** remove warning stickers.
- The knee walker is intended for use with a single person in place on the knee walker. **ALL WHEELS** must be in contact with the floor/ground at **ALL TIMES.** Failure to maintain this could result in improper balance of the knee walker and cause injury or damage.
- This is a walking aid **ONLY** and is **NOT** intended to be used as a transportation device. Improper use of the knee walker can cause serious injury or damage. **DO NOT** let someone push you. The knee walker is **NOT** designed to be used as a wheelchair.
- **DO NOT** sit on or ride the device as this could result in damage to the device or serious injury.
- **ALWAYS INSPECT KNEE WALKER PRIOR TO USE.** Properly inspecting and maintaining your knee walker can reduce the risk of injury. Make sure that all parts are secure and are in good working order. **ALWAYS** check the fasteners, wheels, brakes, and seat for tightness prior to use. If the knee walker is not in good working order or if a defect is present or fasteners cannot be tightened, **DISCONTINUE USE OF THE KNEE WALKER IMMEDIATELY.**
- Unless you adjust the height, **DO NOT** pull up on the knee pad. Be careful **NOT** to damage the connecting parts. **DO NOT** lift the device from the knee pad as this could result in damage to the device or serious injury.

⚠ WARNINGS

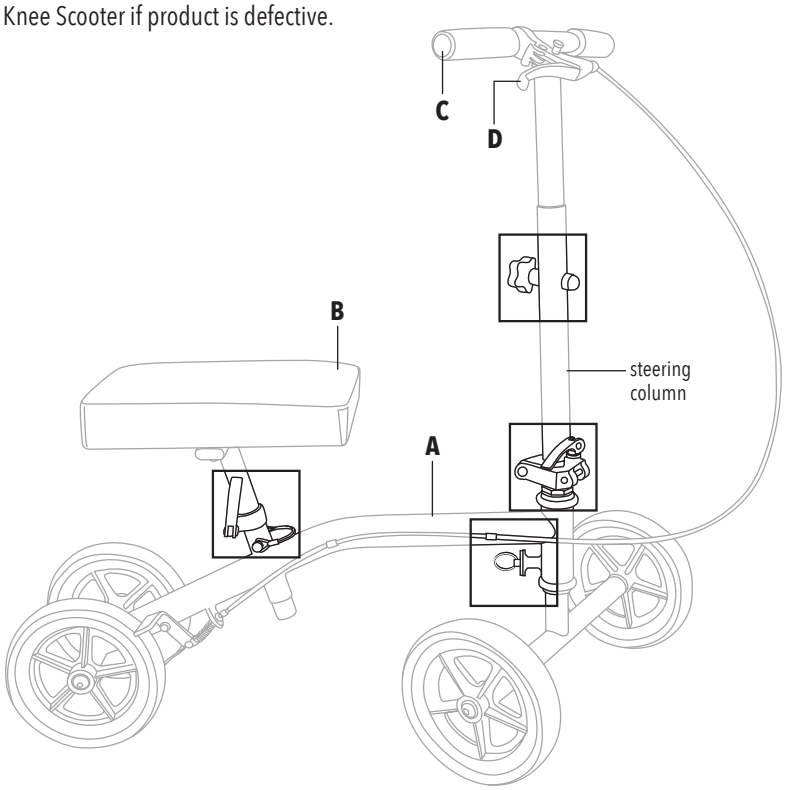
- This is not a toy. **DO NOT** let children play on the knee walker.
- Use **EXTREME** caution when approaching uneven terrains like sidewalk gaps, doorway thresholds, or doormats. Uneven terrain **SHOULD** be avoided as this could result in instability or tipping of the device which could cause serious injury.
- Be aware of your surroundings when operating the knee walker. Look for hazards and avoid them. Avoid streets and surfaces with water, grass, sand, gravel, dirt, leaves, and other debris. Wet, slick, uneven and/or rough surfaces may impair traction and contribute to possible accidents. **DO NOT** use a knee walker in mud, ice, puddles, or water.
- **DO NOT** travel over drops or barriers such as curbs or parking stops.
- **DANGER** use caution when moving from carpeted to hard surface floors, uneven transitions or cracks/separations in walkway surfaces; avoid sharp bumps, drainage grates, cords, toys and sudden surface changes. Knee walker may abruptly stop (i.e., moving from a curb to the street and back onto the sidewalk).
- **ALWAYS** wear protective footwear, **NEVER** use the device barefoot or in sandals or slippers, and keep shoelaces, loose clothing and/or accessories out of the way of the wheels and handlebars. Pay attention to any garments and/or accessories; **DO NOT** let clothing get caught between moving parts when folding or unfolding the knee walker. Very long or loose pieces of clothing could also get caught between the wheels of the knee walker, which could lead to serious injury or death.
- **NEVER** use on or near steps, sloped driveways/hills with a steep incline (**NEVER** greater than 15 degrees) as there is a risk of losing balance. **DO NOT** walk backwards down a slope. **ONLY** mount or dismount your knee walker on a level surface.
- When using the device outdoors, it is recommended to use the device on smooth-paved surfaces **ONLY** to prevent damage to device or instability and serious injury. In the event not preventable, use **EXTREME CAUTION** when traversing such terrain.
- This device should **ONLY** be used as a mobility aid. When using this device **DO NOT** attempt to hop or perform any actions other than walking.
- **DO NOT** make any adjustments to the knee walker while it is in use.
- **ALWAYS** maintain good posture and keep your body balanced while using the knee walker. When walking with the knee walker, keep your feet in line with the rear wheels and **DO NOT** let the knee walker get too far in front of you.
- Accessories designed by other manufacturers have **NOT** been tested by Compass Health Brands Corp. and are **NOT** recommended for use with this product. **ACCESSORIES WARNING:** Compass Health Brands Corp. products are specifically designed and manufactured for use in conjunction with Compass Health Brands accessories. Accessories designed by other manufacturers have not been tested by Compass Health Brands and are not recommended for use with Compass Health Brands products.
- **DO NOT** use the knee walker in the shower, bath, hot tub, sauna, or pool.
- **DO NOT** use the device in a moving vehicle or watercraft.
- **DO NOT** sit on or rest knee on the knee walker while it is being loaded into or being transported in a vehicle.
- Move slowly so that you can stop safely using your pushing foot. **DO NOT** scoot at high speeds.
- **DO NOT** use the hand brake as a stopping tool. The hand brake is designed to maintain a stopped stance **ONLY.** Because the knee walker is lightweight, use of the hand brake while in motion may cause an abrupt stop resulting in serious injury.
- **DO NOT** use while under the influence of mind-altering drugs, alcohol or while suffering from dizziness.
- **DO NOT** use a knee walker if you have issues with balance, coordination, or vision, or if your non-injured leg is not strong and healthy.
- **DO NOT** use when going up or down stairs or escalators, or the moving walkway/autowalk/people mover.
- **DO NOT** make a sharp turn at high speed and **ALWAYS** make turns at a slow rate of speed or while stopped; **DO NOT** turn while coasting.
- **NEVER** attempt a maneuver that has **NOT** been practiced.
- **DO NOT** turn unless one foot is on the ground.
- **ALWAYS** keep both hands on the handle grip when knee walker brake is **NOT** engaged.
- **DO NOT** reach for objects if you must lean or shift position on the knee walker. **DO NOT** lean forward, backward or to either side while using the knee walker. Ensure that you have come to a complete stop with the brake fully engaged or locked and you have established a good balance before reaching for an object.
- **DO NOT** attempt to reach objects that are out of your immediate reach while using this device.
- Failure to properly engage the quick-release clamp may cause the steering column to move while the knee walker is in use and may cause you to lose control. With the quick release clamp properly adjusted, the handlebars will be locked in place.
- **WARNING:** During assembly, re-assembly, and periodic maintenance, make sure the steering column pin or thumb screw is engaged and in the correct orientation to prevent handlebars from over-steering as this could cause serious injury.
- **PINCH POINT WARNING:** Fingers or other body parts can be trapped between the knee walker's folding mechanism during assembly and adjustments. Be conscious of potential pinch points. Observe the dimensions of gaps between the knee walker's elements to avoid trapping your fingers or other body parts.
- **DO NOT** store in direct sunlight or outdoors. Exposure to extreme temperatures (heat, cold, moisture, etc.) may make surfaces (knee platform, hand grips, etc.) hot to the touch, weak or brittle. Ensure hand grips **DO NOT** twist and skin contact surfaces are cool to the touch before use.

FAILURE TO USE COMMON SENSE AND HEED THE ABOVE WARNINGS FURTHER INCREASES RISK OF SERIOUS INJURY.
USE AT YOUR OWN RISK AND WITH APPROPRIATE AND SERIOUS ATTENTION TO SAFE OPERATION. USE CAUTION.

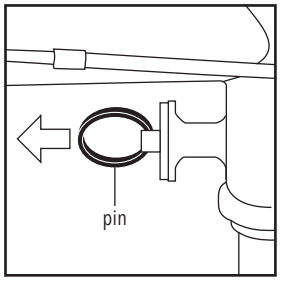
Assembly Instructions

⚠ **WARNING:** Discontinue use of the Knee Scooter if product is defective.

	Description	Qty
A	Frame w/4 Wheels	1
B	Seat	1
C	Handle	1
D	Brakes	1



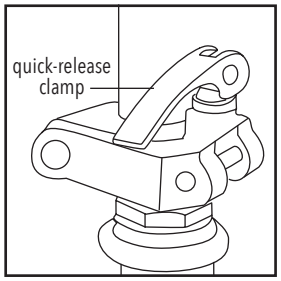
1 ☐ Pull pin in the frame; rotate wheels 180° to lock into place.



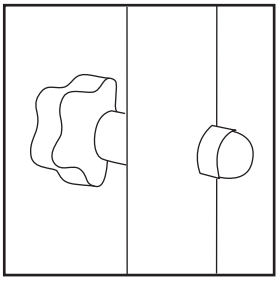
⚠ **WARNING:** During assembly, re-assembly, and periodic maintenance, make sure the steering column pin or thumb screw is engaged and in the correct orientation to prevent handlebars from over-steering as this could cause serious injury.

2 ☐ Flip up steering column and lock into place with quick-release clamp.

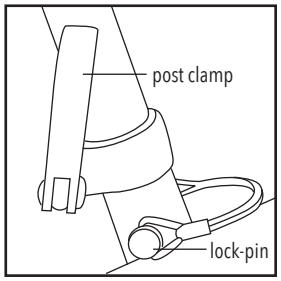
To lower: Release clamp and push the lever to the left to disengage pin.



3 ☐ Insert handle bars and adjust height making sure handles are about waist-height to keep your back straight.



4 ☐ Insert knee platform and set to desired height. Once in place, insert lock-pin and tighten post clamp.



⚠ **WARNING:** Injury may result if seat knee platform adjustment instructions are not followed as incorrect height could cause serious injury/discomfort during use. Periodically test the brakes by both walking and squeezing the brakes and by stopping, pushing down on the brakes to a locked position and then trying to push the knee walker. If the brakes **DO NOT** lock the wheels, the brakes need to be adjusted. Refer to ***Brake Adjustment*** section for instructions. If adjustment does not tighten the brakes, **DO NOT** use the knee walker.

⚠ **CAUTION:** After making any adjustments to the knee walker brakes, you **MUST** test the brakes to ensure the brakes engage properly before the knee walker is used.

⚠ **PINCH POINT WARNING:** Fingers or other body parts can be trapped between the knee walker's folding mechanism during assembly and adjustments. Be conscious of potential pinch points. Observe the dimensions of gaps between the knee walker's elements to avoid trapping your fingers or other body parts.

Brake Adjustment

⚠ **WARNING: DO NOT** use the hand brake as a stopping tool.

The pressure of the brake assembly on the brake wheel should be enough so that when the hand lever is in the fully squeezed position, the brake wheel does not turn, but it is not overly tight. The tightness can be adjusted with the screws at either end of the brake cable.

- To correct, adjust cable with one or both screws at each end of the cable.
- Loosen the nut(s) and turn the adjustment screw(s) clockwise to loosen the cable or counterclockwise to tighten it. When adjustments are correct, the parking feature will engage and the brake wheel will not turn when attempting to do so by hand.
- Return each nut to its position against the brake lever housing and cable mounting bracket at the lower end of the cable.

If these adjustments do not correct the problem, it may be necessary to make additional adjustments where the brake cable is attached to the brake shoe.

- Loosen the screw and nut that holds the brake cable; located on the rear brake assembly .
- Inspect the cable for fraying and replace if needed.
- Set adjustment screws at each end of the cable in the mid-position.
- Pull the brake cable with a pair of pliers to remove any slack in the cable and re-tighten the screw and nut.

NOTE: Bicycle mechanics are a good source for advice, repairs and service.

Cleaning and Maintenance

- Use damp cloth and mild soap to clean knee walker. Ensure knee walker is dry before use.

⚠ **WARNING:** The lack of care and maintenance may cause serious injury. Your knee walker and all components should be regularly inspected for signs of damage or wear and tear.

- Tires, brake handles, brake lines, and cushions are non-durable components which will require maintenance throughout the life of the knee walker. All non-durable components should be inspected regularly and replaced if damage or wear is visible.
- **ALWAYS** check the knee platform for cushion deterioration before each use. In the event this exists, discontinue use **IMMEDIATELY** and replace.
- Before each use, your knee walker should be checked to ensure the brakes are functioning properly and that all nuts and bolts are secure.
- Make sure to inspect wheels and spokes on the tires to make sure the tires rotate smoothly and that there is no debris such as fibers, dirt, hair, etc., as could cause the device to malfunction resulting in serious injury.
- Highly recommend storing the knee walker indoors not exposed to outdoor climates to help prevent moisture buildup, rust, and/or premature deterioration of the brakes, brake lines, and cushion.

DISPOSAL: Products that can no longer be used are to be disposed of separately from household rubbish. This **MUST** be done according to the local and national regulations for environmental protection and raw material recycling. Please look at your local council's website for further information on the correct disposal.

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COMPASSHEALTH

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